



FINDING THE FLOW

Creative Writing for Beginners



Introduction

Have you always wanted to write, but not known where and how to get started? Or are you someone who has begun to write but still lacks confidence and perpetually scramble for ideas for what to write about?

If the answer to either question is 'yes', this course is for you.

Finding the Flow will enable you to unlock your creativity, diminish the critical voice in your head, and produce new writing that is fresh and vibrant. You will also discover that writing is an important tool for personal growth.

Benefits

- Increased **confidence** in writing fiction and creative non-fiction
- **Insights** into what genres and style of writing suit you best
- **Understanding** of how you can make your writing more effective and where you might eventually publish your work
- Emotional **healing** and personal insight.

Who Should Attend

- Anyone who would like to **start writing** fiction and creative non-fiction
- Anyone who feels they would like to **know themselves better**
- Established writers who feel they **need fresh inspiration and new approaches.**

Learning Approach

- **Practical exercises** completed both in class and at home
- **Critiquing practice** so that you learn how to give and receive feedback
- **Theoretical input** about writing drawn from the experience of established writers

The course employs a workshop approach. We will use:

- the '**Fast writing**' technique to overcome writing blocks and create exciting ideas on the page
- use a variety of **task types** to jump-start your writing. Photographs, art, objects, dreams and many more will provide inspiration for the pieces of writing you will produce.

By the end of the course you should have notebooks full of raw material you can extract for finished pieces of writing.

Learning Outline

- Introduction and Getting Started
- Writing as Improvisation
- Put Your Heart on the Page





- Dreams and Active Imaginings
- Writing from Photos
- Writing from Art and from Objects
- How to Give and Take Feedback
- Writers Must Read
- Developing as a Writer
- Work-shopping

Duration :

20 hours: 2hrs x 10 weeks (Saturdays, 10 am to 12 pm)

For schedule and registration, please contact

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Facilitator



What People Say ...

Sharon Bakar – she was born in the UK but has lived in Malaysia for the past 27 years. She has degrees in Education from Birmingham and Exeter Universities and a Diploma in TEFL from the Royal Society of Arts.

She wears several different hats, including teacher trainer, freelance writer, editor, creative writing teacher, literary blogger and - most recently - independent publisher.

- "Sharon didn't teach me how to write. She helped me discover that it was in me all along."- **Animah Kosai**
- "Sharon's classes taught me that it was okay to write from the heart, something that I felt I had to hide or throw out before; and that in turn taught me that the greatest writing comes not from the masking, but from the revelation of the human condition in all its weaknesses and strengths." - **Al Khayl**
- "Creative Writing is within all of us but Sharon Bakar's classes show you how to bring it out effortlessly." - **Paramanantham Arulanandam**